

**Today's Reading: Mark 4:35-41**

"On that day, when evening had come, he said to them, "Let us go across to the other side." And leaving the crowd, they took him with them in the boat, just as he was. And other boats were with him. And a great windstorm arose, and the waves were breaking into the boat, so that the boat was already filling. But he was in the stern, asleep on the cushion. And they woke him and said to him, "Teacher, do you not care that we are perishing?" And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm. He said to them, "Why are you so afraid? Have you still no faith?" And they were filled with great fear and said to one another, "Who then is this, that even the wind and the sea obey him?"

**Simple Summary (for Parents):**

Although Jesus's boat was filling with water in the midst of a stormy sea, He was not worried or afraid. As the Son of God, He had authority over nature, and He demonstrated this by calming the storm with a simple command. However, Jesus's disciples didn't yet fully understand who He was. By panicking and accusing Jesus of not caring, they showed their lack of faith. Their (negative) example should serve as a reminder to us: Jesus has authority over all things, including nature, so we never have to be afraid. We can always trust His power and His goodness.

**Discuss:****1. What are some things that make you worried or afraid?**

(Draw your kids out here. Give them some examples of things you have been afraid of.)

**2. Most people would be afraid in the midst of a storm. How was Jesus able to sleep?**

(Point out that Jesus was calm because He has all power and authority, even over the wind and the sea.)

**3. How did Jesus's disciples show that they didn't yet trust Jesus? What should they have done?**

(They didn't rely on His power, and they accused Him of not caring. They should have relied on Jesus to take care of them in the midst of the storm.)

**4. Jesus was asleep in the boat, which reminds us that He needed rest and was fully human, like you and me. However, this story also teaches us that Jesus is very different from us. What makes Jesus unlike any other man?**

(Jesus has the very power and authority of God because He is the—fully divine—Son of God.)

**5. What does God want us to do when we are scared or afraid?**

(God wants us to rely on the power and love of Jesus. We should pray and ask God for help, and we should trust the promises of His Word.)

**Pray:**

Thank Jesus for His power and authority. Ask God to strengthen your faith and to give you peace when you are afraid.

**Sing:**

[“Jesus, Strong and Kind”](#) (See Week 1 Song Sheet for lyrics)